

Habit #3: Engage the Bible

Big Idea

- **Big Idea:** Engage the Bible by reading or listening to Scripture daily.
- **This Week's Challenge:** Read or listen to the Bible for 15 minutes each day this week.

Important!

- Engaging the Bible is the first of three core habits
- “They’re the basics that matter most. They’re like playing scales in piano, or shooting baskets in basketball. You need other skills besides playing scales or shooting baskets, but you never outgrow these basic practices.”

Why?

- Because of what the Bible is
- Because of what the Bible does
- The goal: to live a Psalm 1 life

Some Tips

1. Believe it's worth it.
2. Choose a format (audio, app, paper).
3. Choose a plan.
4. Use good tools.
5. Buddy up.
6. Pray.
7. Don't give up!

A Life of Enaging the Bible

