



# GOSPEL *for* LIFE

## Season Two Trailer

### Transcript

**Darryl:** Welcome back to the Gospel for Life podcast. My name is Darryl Dash and I am here to let you know about season two.

On September 13, we are starting a new season of the Gospel for life podcast and we are going to talk about making time and the power of habits.

**Reagan Rose:** I will never do this two days in a row. Whatever happens the next day I'm going to power through and do it. You'll keep the habit going because that's where it starts to break. It's not when you miss one, it's when you miss too.

**Darryl Dash:** We're also going to talk about rest and the importance of limits.

Ashley Hales: Like it's from there that our work proceeds, that our work comes out of rest and it is not something like a device. Our bodies aren't devices right where we work really, really hard and then fall and collapse because we're tired.

**Darryl Dash:** Of course we need to talk about engaging the Bible.

**Michael Bird:** So I'm more concerned with people who think, yeah, I've got the Bible mastered. I tell students when they hand you that Master of Divinity, I hope you do not believe them.

**Darryl Dash:** It's probably also a good idea to talk about the church.

**Collin Hansen:** And as I'm interviewing new members of our church, that's what I tell them. Hey, our system will work. You will make friends, you will grow in your faith, you'll grow in your knowledge, you'll grow in your personal spiritual

disciplines. You'll grow your understanding with God's Word, your prayer life. All of these things will happen if you show up and if you don't show up, those things just can't happen.

**Darryl Dash:** I'm pretty excited. We're also going to be talking about speaking with God, caring for your body, simplifying and prioritizing and going the distance by building a rule of life.

Well, if you don't know this already, these themes are based off my new book 8 Habits for Growth, and in season two of the Gospel for Life podcast, I'm just going to be going through each of the eight habits I cover in the book and talking to somebody who's thought and written extensively on each of the habits.

So please subscribe to the Gospel for Life podcast at [podcast.gospelforlife.com](https://podcast.gospelforlife.com) or your favorite podcast platform and please let your friends know about it. And I will see you on September the 13th.